

Mowbray Messenger



Spring 2

After 2 years as a Doctor at Mowbray House Dr Angela Carrothers has charmed the patients and staff. She has proved she can put up with the other grumpy doctors and as a result the partners are pleased to announce that from the 1st of April 2012 Dr Angela Carrothers will become a partner in the surgery.

At the same time Dr Peter Edon will reduce his surgery sessions to 3 days a week, it is not yet clear what he will do with his new found extra free time but there appears to be a rapidly increasing job list at home !!



For more information about the surgery please look on the surgery website

www.mowbrayhousesurgery.co.uk

there you will find general & holiday opening times, telephone numbers, and the facility to download forms, as well as the online repeat prescription service.



Easter Closure

The surgery will close at 6.30pm on Thursday 5th April and will NOT re-open until 8am Tuesday 10th April.

**For those collecting prescriptions please note
WE WILL NOT BE OPENING ON SATURDAY 7th April.**



Nurse Practitioner Lindsey Dougall

We are fortunate at Mowbray to have our very own Nurse Practitioner in Lindsey, who works alongside the Doctors. Patients offered an appointment with her often ask what is the difference between her and the Practice Nurses. By definition "All nurse Practitioners are Registered Nurses who have completed extensive additional education, training, and have a dramatically expanded scope of practice over the traditional Registered Nurse role". Lindsey is well qualified to deal with skin complaints, sore, watery, itchy eyes. Ear problems, respiratory problems ie. chest infections. Women's health including sexual health issues, ie pill and contraception advice, emergency contraception. Childhood ailments, chicken pox, rashes, nits etc. She can also be consulted on abdominal pain, constipation, diarrhoea, heartburn, vomiting, urinary problems, lumps and headaches.

Lindsey is also able to prescribe and refer for tests and Specialist opinions should this be necessary.



Dr Rogers

*Is doing the Edinburgh Marathon
in aid of Macmillan Cancer care
on the 27th May 2012.*

26 miles round the city

Runners will be assigned one of two starting points, London Road and Regent Road. Runners will then head round Holyrood Park, along Queens Drive to London Road The route carries on down Lochend Road, through Leith, towards the coast before heading along to Musselburgh then the fishing areas of Cockenzie and Port Seton. Next, runners pass through the grounds of Gosford House. Finally, the last stretch takes runners back along the coast to Port Seaton promenade before finishing at Musselburgh Racecourse.

Please support him , Sponsorship form at reception

Useful Telephone Numbers

Surgery	0844 499 6978
District Nurses	01609 781120
Health Visitors	01609 751160
Comm. Midwives	01609 763084
Friarage Hospital	01609 779911
Falls Team	01609 781124

Physio Direct	01609 783388
Volunteer Car Scheme	780458
HARCAS	01609 779012

Stop Smoking	0300 3030 1603
Patient Transport	0300 330 2000

North Yorks Police 0845 60 60 247

Repeat Prescriptions on line

Patients are advised that the layout will change in April for ordering repeat prescriptions on line. The new format should make it easier for patients as it has the ability to remember your details thus avoid having to put them in each time you need to re order.

Leaving us

Due to the return of Dr Evans from her Maternity leave, Dr Mason will be leaving the practice as from the beginning of April, and Dr Gilchrist will only continue with us until the beginning of July when she will move on to pastures new.

Our thanks to them both.

International Travellers

If you require travel advice or vaccines please complete and return a "travel risk assessment" form to the surgery as soon as possible to enable our staff to offer you a suitable appointment.

If you are travelling abroad the International telephone number for the surgery is
0870 460 0852

The Recent Patient Survey

"Throughout the month of January, the doctors and nursing staff undertook a survey of patients' views about the service we offer at Mowbray House and Hutton Rudby Surgeries.

We invited patients to help us undertake this research by joining a Patient Reference Group to make sure that we also asked about those issues which are important to the most important people the practice serves - its patients.

Together with our Patient Reference Group, we designed a paper-based questionnaire which was handed out to patients attending the surgeries seeing either a doctor or a nurse.

After the surveys had been distributed, the results were analysed and with the help and agreement of our Patient Reference Group, we put together an action plan in order to change some of the things you asked us to look at.

You can read the survey results as well as the report (which explains the surveys in more detail) and our action plan on our websites under the section on the far right entitled: "How did we do?" at www.mowbrayhousesurgery.co.uk. (printed copies available at reception).

The doctors would like to thank everyone who helped with our surveys, in particular patients who completed the questionnaires for us and in particular the members of our Patient reference Group who gave up their time for evening meetings."

Dr Palmerley