

Mowbray Messenger

Issue 19 Autumn 2012



Results

The doctors would like to remind patients that **you** are asked to contact the surgery for the results of blood tests and swabs. Results are usually available 2 days after the test though the results of x-ray's can take up to 10 days.

Please ring after 10am and before 5.30pm if possible.

**tel 01609 713975 or
0844 499 6978 and press 3 for test results**



Flu clinics

The flu clinic letters are now going out, if you are usually invited to come for a vaccination you should have had notification of a clinic by the end of September. Should you NOT be able to attend on the dates given, further walk in clinics are being held on



***Friday 19th October 4.30- 5.45 pm and
Friday 26th October 4.30-5.45 pm.***

Members of the same household can attend ANY clinic together to save transport issues.

PLEASE BRING YOUR LETTER WITH YOU
as this helps the reception staff identify you when you arrive

"Early Bird" pregnancy clinics

Have you just found out you are pregnant? but it is too early for your first official appointment with the midwife, and you have questions you wish to ask. The Midwifery team have arranged some appointments both here and at Hutton Rudby for informal chats about diet, stopping smoking, vitamins, sergening and medication prior to your new booking appointment at 8 weeks.

**Please ring EITHER surgery Mowbray 0844 499 6978
or 01609 713975, or Hutton Rudby 0844 499 3998 to make an
Appointment this is an optional service.**



If you need to contact us

The Surgery telephone number is
0844 499 6978 or **01609
713975**

Please select

1. Appointments
2. Repeat Prescriptions
3. Test results

Health Visitors - Direct Line

(Now based at Gibraltar House)
tel. 01609 751160

The team, which is now based at Gibraltar House, offer advice on child development, parenting skills, minor ailments and child protection. Contact can be made either in the home or at one of a range of clinics. For further details either ring the health visitors direct or ask at reception.

Health Advice and Information

If at any time you require health advice or information this can be obtained by visiting the NHS website, www.nhs.uk or calling NHS Direct on 0845 46 47.

Physiotherapy

Patients wishing to receive physiotherapy advice can telephone

Physio Direct – 01609 783388.

Please note they will require your NHS number. A leaflet explaining the service is available from reception. Following advice from Physio Direct an appointment to see our community physiotherapist, Caroline Hodgson may be offered. Alternatively your GP may refer you to the physiotherapist.

Community Midwives 01609 763093

Request for repeat prescriptions can be made on line at www.mowbrayhousesurgery.co.uk, in writing, by calling in at the surgery or by faxing your request to 01609 778029. Alternatively you can use the repeat prescription telephone line by dialling 0844 499 6978 or 01609 713975 between 9.00 and 11.30am or 2.00pm and 4.30pm. Monday to Friday.

PLEASE ALLOW 2 WORKING DAYS before collection

More information can be found on the surgery website.

www.mowbrayhousesurgery.co.uk

Here you can also order your repeat prescriptions online, as well as inform us of any changes to your contact details.

Remember if you move house or change your phone number it is important that we change our records.

Emergency - Out of Hours

If you need urgent advice or treatment outside surgery hours please ring the usual surgery number and you will automatically be transferred to the Emergency Out of Hours Service.